

# **KNEE WARMERS**

**Materials:** 1 skein knitting worsted weight yarn  
16" circular needle (used back and forth), size 6 or  
size required for gauge.

**Gauge:** 5 sts = 1" in garter stitch

**Abbreviations:** SWT (slip, wrap & turn) = leaving the working yarn where it is, slip the next stitch on the left needle to the right needle as if to purl; bring the yarn to the front and replace the slipped st back onto left needle. Turn work.

Cast on 62 sts and work in k2, p2 ribbing for 3-1/2". Work in garter stitch for 8 rows (4 ridges), placing marker at halfway point in last row.

## **SHORT ROW SECTION**

\*Knit 2 sts past center marker, SWT. Repeat from \* once.

\*Knit 4 sts past center marker, SWT. Repeat from \* once.

\*Knit 6 sts past center marker, SWT. Repeat from \* once.

Continue knitting and turning as above, knitting 2 more stitches each time until your last 2 rows are:

\*Knit 14 sts past center marker, SWT. Repeat from \* once.

Next row: Knit to end of row. Knit 3 more rows on all sts.

Now reverse the process starting with:

\*Knit 14 sts past center marker, SWT. Repeat from \* once.

Continue knitting and turning until you are back to knitting 2 sts past center marker on each side. Work to end of row. Knit on all sts until you have 8 complete rows (4 ridges) ending on wrong side.

Work in k2, p2 ribbing for 3-1/2". Bind off loosely. Darn in ends.

This knee warmer fit a pretty good variety of knees that tried it on. If yours is larger or smaller, adjust needle size accordingly.