



EWE'S NEWS

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President's Place

Thank you, Nancy Nielsen, for teaching us about lace knitting at our December meeting. Your hints will help us avoid many errors when tackling lace knitting. Hopefully, many people have completed the project and will have the flowers we knitted on a hat, purse, or sweater to show at the January 11th meeting.

Many thanks to all who have volunteered to work on committees, teach a class, or teach beginners at our KnitInn 2010 in February. Everyone working together will make the KnitInn a success. When called upon to help, please say "yes." Don't forget, everyone needs to bring a snack for our hospitality area.

If you have not registered for the KnitInn, please do so as soon as possible. There are a few vacancies in classes. Check out our website for details: www.scknittingguild.com

If you have any ideas for our Guild, please contact me and the board will consider your suggestion. We need and appreciate your help and participation.

Nancy Groff



Upcoming Events:

- Guild Meeting, Jan 11, 6:45 PM, McAlister Square
- Knit Inn, Feb. 5-7, Drury Inn on Woodruff Road

January Program

The January Program will be a New Year Party. Don't forget to bring finger foods to share and something you are knitting to show.

February program will be a discussion about Yarn weights, plies and anything else we can think of. No homework, no supplies.

Nancy McFarlane

Who doesn't like to win a prize?

Please, turn in your tips for the SC Knitting Guild Tip Book as soon as possible. Remember, it does not have to be an earth shattering tip. It simply has to be something that you have found helpful in your knitting process – actually knitting, storage, sewing up, dyeing, washing, etc. Put on your thinking caps and submit an idea. Be sure to include your name on the hint so we can contact you if necessary.

****There is a great prize for one lucky participant.****



Ready for some good, inspiring winter reading with a knitting theme?

Knitting Into the Mystery by [Susan Izard](#), [Susan S. Jorgensen](#) Many contemplative, prayerful acts involve repetition of action: walking a labyrinth, reciting the Divine Office or saying the rosary. So why not knitting? As their needles flash and click, veteran knitters Jorgensen and Izard practice "contemplative knitting," which they say is just as real and fruitful a spiritual practice as any longstanding tradition of the church.

Knit One Haiku, Too by Maria Fire The soft clacking of needles, the repetitive looping of yarn...you've fallen under the spell of knitting. For you, and for knitters the world over, this ancient craft is more than just a hobby, it's a soothing practice whose pacing, rhythm, and mystery echo that of its sister in poetry, the haiku. Written just for you, the passionate knitter. *Knit One, Haiku Too* is a tribute to all that you love about knitting: the creativity, the meditation, the contemplation. Sister knitter Maria Fire takes you on a journey through stories, reflections, and haiku. Whether you've been knitting for a few days or a few decades, you're sure to find inspiration in these spell-binding stitches.

Knitting Heaven and Earth: Healing the Heart with Craft by Susan Gordon Lydon With *Knitting Heaven and Earth*, Lydon again breaks new ground, this time following the emotional ties that become bound up in her handicrafts when a series of wrenching events—a heartbreaking romance, the death of her father, a devastating diagnosis of breast cancer—leave her reeling. Through it all, Lydon finds new reserves of strength in knitting, in the skeins of sumptuous yarn and colorful thread that help her make sense of the trials of the heart.

The Knitting Sutra: Craft as a Spiritual Practice by [Susan Gordon Lydon](#) The purpose of meditation is to quiet the

mind so that it can sink down into contemplation of its true nature. You cannot stop your mind by an act of will any more than you can stop the beating of your own heart. Some cultures describe mind as a drunken monkey, reeling from place to place with no rhyme or reason. Like meditation, knitting calms the monkey down....I believe that in the quiet, repetitive, hypnotic rhythms of creating craft, the inner being may emerge in all its quiet beauty. The very rhythm, of the knitting needles can become as incantatory as a drumbeat or a Gregorian chant." — from *The Knitting Sutra*

Knitting as prayer? Craft as spiritual path? In this wonderfully allusive story of the quest to master a craft, Susan Gordon Lydon's love of knitting and her search for spiritual insight become powerfully and lyrically intertwined.

Mindful Knitting: Inviting Contemplative Practice to the Craft by Tara Jon Manning *Mindful Knitting* looks at the art of knitting from a Buddhist perspective. Exploring the parallels between knitting and meditation, this book instructs the reader in how knitting can be a tool for contemplation. It explores the benefits of engaging in knitting in a mindful way, presents simple meditation exercises, and provides clear, easy-to-follow project instructions that complement and expand upon each meditation theme.

The Knitting Way: A Guide to Spiritual Self-Discovery by Linda T. Skolnik, Janis MacDaniels Knitting is the miracle of creating new dimensions from a strand of yarn. Let it bring that miraculous transformation to your spiritual life too.

This book is about seeing and listening. It's about becoming aware that through knitting you can hear and give attention to what's in your heart and soul—that knitting can be a place of rest and thought and a place for the Divine. It's about connection—to yourself, to the world, to others and to the Holy.

[Knit Together: Discover God's Pattern for Your Life](#) By Debbie Macomber

Debbie Macomber calls KNIT TOGETHER the project of her heart. Whenever she speaks, her theme is simple: don't be afraid to dream. God created us for a reason, and when we come to recognize our deepest longing, we can discover His plan for our lives. Full of encouragement and divine empowerment for women, the book centers around the Bible's assurance that God knits each one of us together in our mother's womb. Debbie deftly weaves her own story, using the knitting theme of her most recent bestsellers to create metaphors that explore God's handiwork in creating us for a purpose.

[Knitting for Peace: Make the World a Better Place One Stitch at a Time](#) by [Betty Christiansen](#), [Kiriko Shirobayashi](#) *Knitting for Peace* is an exceptional book that celebrates the long heritage of knitting for others. It tells the stories of 28 contemporary knitting-for-peace endeavors, and features patterns for easy-to-knit charity projects such as hats, socks, blankets, and bears, plus a messenger bag emblazoned with the *Knitting for Peace* logo. Enlivened by anecdotal sidebars and quotations from both knitters and peacemakers, this inspiring book also includes everything readers need to know to start their own knitting-for-peace groups.

[The Prayer Shawl Companion](#) by [Janet Bristow & Victoria A Cole-Galo](#)

People often think that prayer shawls come from specific religious tradition. Not so—these lovingly knitted wraps can be made for anyone and for nearly any occasion. The authors are the heart of the prayer shawl movement and their ministry is an all-inclusive online charity knitting group. This book has patterns that will inspire knitters of all skill levels and includes designs for celebrations as well as times of solace and remembrance. In keeping with their website, the book shares many touching stories from knitters as well as inspirational words to knit by.



Charity Corner

Carol & Robin Paul

Last month we collected these items:

- 4 kids blankies 1 pair mittens 81 kids hats
- 60 adult hats 28 preemie hats
- 8 washcloths 5 hat and scarf sets
- 1 fetal demise pouch
- 33 homeless hats for Triune Mercy Center

The Cancer Centers have been calling at least weekly needing hats, so any time you can spend making women's hats--in styles ranging from comfortable sleepy hats to pretty "never mind that I have no hair right now, I am out and shopping" hats are immediately needed and will be most gratefully appreciated. Many thanks to our swift loomers, Vienna and Helen, who provided the bulk of the women's, kids, and homeless hats detailed above.

Wishing all a blessed Christmas and happy, healthy 2010.

Carol and Robin

REMINDERS:

All Knit Inn registration fees go to Suzanne Ross.

We are now accepting \$20 (cash or check) for 2010 memberships. Forms are available Guild meetings and the Knit Inn. Completed forms and payment should be given to Deborah Douglas before or after the meeting (please not during the program). Remember, checks are not to include Knit Inn fees.



TREASURER'S REPORT

Item	Deposit	Debit	Balance
November Balance Forward			3789.69
Knit Inn Registrations	3115.00		
Membership dues	182.00		
Website		239.00	
December Ending Balance			6847.69



Ideas/ articles for the newsletter?

Please contact Carolyn Freshour, 286-3978, usmgirl@gmail.com

Address or Email Changes?

Please contact Deborah Douglas

deborah2001@gmail.com

Address Service Requested

WE'RE ON THE WEB!
WWW.SCKNITTINGGUILD.COM

NEWS EWES CAN USE!



If you have information you'd like to place in the February newsletter, please call or email it to me by January 25th.

Thanks!

Carolyn Freshour

864-286-3978

usmgirl@gmail.com

Library Update

Now that the holiday rush is over you may be ready to start a new project. Don't forget the resources of the Knitting Guild library.

We have books on lace knitting, knitting for children and many, many other topics. We also have the DVD's on multiple subjects.

If you want to start a project, e-mail or phone me and I can bring several books on a given subject to the meeting for you to choose from. We have lots of wonderful patterns here to choose from.

Contact Terry Gentry

tmgentry@charter.net or 242-5641.

Knit Happens:

AC Moore: Join Gail and the Girls at AC Moore any Thursday from 10 am - 2pm.

BAM KnitWits: Join the KnitWits every Wednesday at Books-A-Million on Laurens Road from 6:30pm-8pm (at least). Sit & Knit!

Wednesday Evenings YO-C Group meets at Java Jolt on Wednesday evenings from 6:00 p.m.-8:30 p.m. each week. Come and join the fun. We knit and crochet, and everyone is welcome!

